

## **Oral and Systemic Health**

### **Jerry Tennant MD and Stephen R. Evans DDS**

This is a concept paper describing the relationship between a doctor and a dentist working together to help their patients achieve their potential for health. Many patients are not aware of the relationship of oral care to whole body care. Many may be anxious about seeing a dentist for several reasons and when Dr. Tennant discovers dental issues during his examination of a patient and encourages that they address potential dental infections, the anxiety level increases. Often patients put off seeing a dentist until they are motivated by tooth or jaw pain or serious medical diagnosis they believe is related to their oral health. Even if they are motivated to improve function or appearance they may not be completely aware of the extent of their dental condition and require initial consultation with a dentist that has the same integrity, experience, skills and commitment to oral and systemic health. There are a number of dentists listed with various holistic and biological related dental organizations and research that validates why patients must take an active role in taking responsibility for their own health. When medical practitioners work hard to help their patients, they want to see their patients achieve their goals for wellness.

Patients are encouraged to research the value of a comprehensive approach to whole body health including oral health and interview a dentist who the patient feels will be able to meet their needs. One dentist is Dr. Stephen Evans who has developed an efficient and effective way to help his patients through coordination with referring dentists and physicians for patients with complex treatment considerations and extensive health challenges. Patients are encouraged to help their body prepare nutritionally by eliminating unhealthy habits and develop healthy practices prior to dental services to optimize their healing potential.

1. Dr. Evans researches, trains and invests in the safest and most state-of-the-art equipment, instruments, devices, materials and solutions available; to help provide the best possible options so that patients may make informed decisions regarding their dental care based upon trust and an experienced foundation. He only sees an average of 4-5 patients a day to accommodate the amount of time generally required to meet the needs of the complex cases that are presented to him and he uses the Tennant Biomodulator and Biotransducer in his practice.
2. Stephen Evans' personal and professional mission is to comply with all the legal and ethical expectations by creating a healthy, peaceful, spiritual, efficient and effective dental practice where patients feel welcomed, respected, safe and appreciated. His mission is accomplished through researching, listening, clarifying, understanding and responding appropriately with exceptional services in a timely manner.
3. Steve endeavors to achieve his mission through a team approach; coordinating with referring health care practitioners and treating patients and staff with conscientious consideration. This comprehensive and compassionate team approach is created to optimize the patients' experience and enhance a healthy and balanced treatment outcome.
4. He makes every effort to listen to the patients concerns, limitations and expectations to provide opportunities for appropriate patient education including the patients' commitment to taking responsibility for their own health and commitment to comply with their referring medical practitioners' guidelines for health.

5. After careful communication, thorough examination, 3D Cone Beam Scan, analysis of any lab tests, cardiovascular assessment, clarification of any questions, treatment plan options and decisions about services requested, he helps patients with Pre and Post-Surgical Relaxation and Pain Relief Therapy.

6. He offers options to help patients relax including breathing techniques and a simple non-invasive relaxation therapy that balances the ANS and cranial sacral system using the Tennant Biomodulator for 5 to 10 minutes prior to dental services.

7. His dental and surgical procedures are conducted with minimally invasive techniques concerning orthodontic, restorative, surgical (hard and soft tissue) and temporomandibular joint stabilization and balance that he has researched and developed over the past 28 years of practice including:

- Sedation dentistry for alleviating pain and anxiety
- Oral sleep appliances for sleep apnea
- Occlusal orthotic for correction of posture dysfunction of jaw and head and neck compensations
- Non-metal implant dentistry with 3D Cone Beam Technology
- Utilizing the latest technology with autologous patient derived growth factors to stimulate and accelerate healing and the Tennant Biomodulator to help eliminate pain and enhance healing

8. After surgery, patients have the option to enjoy healthy nutrition with an organic whole meal replacement, pure water, and non-drug pain therapy using the Tennant Biomodulator with the Biotransducer attached and aimed at the area on the jaw that needs therapy. Patients rarely experience any swelling, bruising or require any pain medications due to the gentle dental approach and the therapy. Patients are encouraged to return to their health care practitioners for follow up care.

9. For example; Dr. Jerry Tennant has provided his patients with the opportunity to take responsibility for their own health and empowered them with the basic concepts of his approach to wellness. He encourages them to go beyond what he teaches and apply his therapy using our own intuition and personal applications as needed.

10. The Biomodulator therapy is part of a very comprehensive approach to wellness that he teaches however, the Biomodulator is very simple to learn and use. In general a practitioner or individual may use it very simply by turning it on, select the Ten-8 mode for pain, muscle and skeletal issues and Infinity for everything else, bring up the power to a comfortable level and press it on the skin where it hurts and hold it there as long as desired. Another simple yet effective way is hands-free therapy by attaching electrode pads and or the Biotransducer and let the Biomodulator run for longer periods of time attached to or aimed at the area to be treated.

Dr. Tennant teaches that it is vital to identify the source of the pain and address those issues, such as dental infections then also work with treating the pain. He also encourages us to address nutrition and how well we process our food and any other potential physical, emotional stressors, blockages, toxins, scars, thyroid/adrenals, etc and of course pure air and hydration.

Dr. Tennant provides a number of ways to learn how to apply his therapy and technology for helping our body overcome pain and achieve our potential to heal. He tailors his clinical protocols and teaching to the needs of his patients and course participants providing basic information and encouraging us to develop our own intuitive therapy approaches for our personal care. Dr. Tennant has provided thousands with the tools and ability to become self-sufficient, independent and take better care of their personal and family's health.

The Biomodulator is an exceptional tool, however, the technology is only one part of Dr. Tennant's protocol for wellness which encourages a more comprehensive understanding of what a body needs to be healthy; the effects of low voltage in the body and the relationship with chronic pain and chronic conditions. Individuals are empowered with the ability to comprehend the impact on health from a multitude of factors, including the body's ability to effectively assimilate the raw materials the body needs to create healthy cells and the body's ability to eliminate toxins.

Dr. Tennant outlines the need to nurture and exercise every aspect of our being and how to achieve balance and create a foundation for health. He teaches that the key to health and managing chronic disease and pain is making a single cell work and that means the body has the potential to heal and overcome pain and debilitation. Dr. Tennant emphasizes that if we give the body the materials a single cell needs to work, the body has the power to create healthy cells and often to heal all of the cells of the body. Every cell in the body requires the appropriate amount and source of: fats, protein, vitamins, minerals, carbohydrates, hydration, oxygen and energy (voltage which we may receive from whole food, sunlight, and the Biomodulator)

Dr. Tennant discusses the negative impact of: dehydration; hypothyroidism; nutritional deficiency; toxic substances such as tobacco, alcohol caffeine, MSG, Aspartame and infections in the body, including those coming from root canals; food allergies; polarity; the effects of heavy metal poisoning; the role of aromatherapy and emotions on health.

He acknowledges that every aspect of the body is connected in many intricate ways including the relationship between oral health/dental diseases, with illnesses such as cardiovascular disease, has been written about in both the medical and dental literature for over 50 years. He has stated that he finds it virtually impossible to help his patients overcome heart disease (and many other illnesses) if they have poor dental health and do not address dental, poor nutrition, addictions to toxic substance concerns early in the discovery and recovery process.

The following abbreviated list of Rules, Tools, and Practical Applications provides some basic information that has proven useful and effective for helping patients achieve their potential for healthier outcomes. It takes between 10 to 20 minutes to complete this protocol depending upon the severity of the pain or chronic condition.